



XtraCare Ice Cold Pain Relieving Gel

JTC Import Export Pty Ltd

Chemwatch: 5391-93

Version No: 2.1.1.1

Safety Data Sheet according to WHS and ADG requirements

Chemwatch Hazard Alert Code: 2

Issue Date: 19/02/2020

Print Date: 11/03/2020

S.GHS.AUS.EN

SECTION 1 IDENTIFICATION OF THE SUBSTANCE / MIXTURE AND OF THE COMPANY / UNDERTAKING

Product Identifier

Product name	XtraCare Ice Cold Pain Relieving Gel
Synonyms	Product code: 67570; 67617
Other means of identification	Not Available

Relevant identified uses of the substance or mixture and uses advised against

Relevant identified uses	For temporary relief of minor discomfort of muscles and joint.
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Details of the supplier of the safety data sheet

Registered company name	JTC Import Export Pty Ltd
Address	98 South Park Drive Dandenong South VIC 3175 Australia
Telephone	+61 3 9532 5100
Fax	+61 3 9532 6102
Website	http://www.jtcimportexport.com.au
Email	sales@jtcimportexport.com.au

Emergency telephone number

Association / Organisation	JTC Import Export Pty Ltd
Emergency telephone numbers	+61 3 9532 5100 (Mon-Thurs 8.30am to 5.30pm; Friday 8.30am to 3pm)
Other emergency telephone numbers	Not Available

SECTION 2 HAZARDS IDENTIFICATION

Classification of the substance or mixture

Poisons Schedule	Not Applicable
Classification [1]	Eye Irritation Category 2A, Skin Sensitizer Category 1
Legend:	1. Classified by Chemwatch; 2. Classification drawn from HCIS; 3. Classification drawn from Regulation (EU) No 1272/2008 - Annex VI

Label elements

Hazard pictogram(s)	
SIGNAL WORD	WARNING

Hazard statement(s)

H319	Causes serious eye irritation.
H317	May cause an allergic skin reaction.

Precautionary statement(s) Prevention

P280	Wear protective gloves/protective clothing/eye protection/face protection.
P261	Avoid breathing mist/vapours/spray.
P272	Contaminated work clothing should not be allowed out of the workplace.

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Precautionary statement(s) Response

P321	Specific treatment (see advice on this label).
P363	Wash contaminated clothing before reuse.
P302+P352	IF ON SKIN: Wash with plenty of water.
P305+P351+P338	IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing.
P333+P313	If skin irritation or rash occurs: Get medical advice/attention.
P337+P313	If eye irritation persists: Get medical advice/attention.

Precautionary statement(s) Storage

Not Applicable

Precautionary statement(s) Disposal

P501	Dispose of contents/container to authorised hazardous or special waste collection point in accordance with any local regulation.
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SECTION 3 COMPOSITION / INFORMATION ON INGREDIENTS

Substances

See section below for composition of Mixtures

Mixtures

CAS No	%[weight]	Name
67-63-0	1-5	<u>isopropanol</u>
1490-04-6	1-5	<u>menthol</u>
464-49-3	<1	<u>camphor</u>
9003-01-4	<1	<u>Carbomer</u>

SECTION 4 FIRST AID MEASURES

Description of first aid measures

Eye Contact	If this product comes in contact with the eyes: - Wash out immediately with fresh running water. - Ensure complete irrigation of the eye by keeping eyelids apart and away from eye and moving the eyelids by occasionally lifting the upper and lower lids. - Seek medical attention without delay; if pain persists or recurs seek medical attention. - Removal of contact lenses after an eye injury should only be undertaken by skilled personnel.
Skin Contact	If skin contact occurs: - Immediately remove all contaminated clothing, including footwear. - Flush skin and hair with running water (and soap if available). - Seek medical attention in event of irritation.
Inhalation	- If fumes, aerosols or combustion products are inhaled remove from contaminated area. - Other measures are usually unnecessary.
Ingestion	If swallowed do NOT induce vomiting. - If vomiting occurs, lean patient forward or place on left side (head-down position, if possible) to maintain open airway and prevent aspiration. - Observe the patient carefully. - Never give liquid to a person showing signs of being sleepy or with reduced awareness; i.e. becoming unconscious. - Give water to rinse out mouth, then provide liquid slowly and as much as casualty can comfortably drink. - Seek medical advice.

Indication of any immediate medical attention and special treatment needed

Treat symptomatically.

SECTION 5 FIREFIGHTING MEASURES

Extinguishing media

- Water spray or fog.
- Foam.
- Dry chemical powder.
- BCF (where regulations permit).
- Carbon dioxide.

Special hazards arising from the substrate or mixture

Fire Incompatibility	Avoid contamination with oxidising agents i.e. nitrates, oxidising acids, chlorine bleaches, pool chlorine etc. as ignition may result
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Advice for firefighters

Fire Fighting	- Alert Fire Brigade and tell them location and nature of hazard. - Wear full body protective clothing with breathing apparatus. - Prevent, by any means available, spillage from entering drains or water course. - Use water delivered as a fine spray to control fire and cool adjacent area. - Avoid spraying water onto liquid pools. DO NOT approach containers suspected to be hot. - Cool fire exposed containers with water spray from a protected location.
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	▶ If safe to do so, remove containers from path of fire.
Fire/Explosion Hazard	▶ Combustible. ▶ Slight fire hazard when exposed to heat or flame. ▶ Heating may cause expansion or decomposition leading to violent rupture of containers. ▶ On combustion, may emit toxic fumes of carbon monoxide (CO). ▶ May emit acrid smoke. ▶ Mists containing combustible materials may be explosive. Combustion products include: carbon dioxide (CO₂) other pyrolysis products typical of burning organic material. May emit poisonous fumes. May emit corrosive fumes.
HAZCHEM	Not Applicable

SECTION 6 ACCIDENTAL RELEASE MEASURES

Personal precautions, protective equipment and emergency procedures

See section 8

Environmental precautions

See section 12

Methods and material for containment and cleaning up

Minor Spills	▶ Remove all ignition sources. ▶ Clean up all spills immediately. ▶ Avoid breathing vapours and contact with skin and eyes. ▶ Control personal contact with the substance, by using protective equipment. ▶ Contain and absorb spill with sand, earth, inert material or vermiculite. ▶ Wipe up. ▶ Place in a suitable, labelled container for waste disposal.
Major Spills	Moderate hazard. ▶ Clear area of personnel and move upwind. ▶ Alert Fire Brigade and tell them location and nature of hazard. ▶ Wear breathing apparatus plus protective gloves. ▶ Prevent, by any means available, spillage from entering drains or water course. ▶ No smoking, naked lights or ignition sources. ▶ Increase ventilation. ▶ Stop leak if safe to do so. ▶ Contain spill with sand, earth or vermiculite. ▶ Collect recoverable product into labelled containers for recycling. ▶ Absorb remaining product with sand, earth or vermiculite. ▶ Collect solid residues and seal in labelled drums for disposal. ▶ Wash area and prevent runoff into drains. ▶ If contamination of drains or waterways occurs, advise emergency services.

Personal Protective Equipment advice is contained in Section 8 of the SDS.

SECTION 7 HANDLING AND STORAGE

Precautions for safe handling

Safe handling	▶ Avoid all personal contact, including inhalation. ▶ Wear protective clothing when risk of exposure occurs. ▶ Use in a well-ventilated area. ▶ Prevent concentration in hollows and sumps. ▶ DO NOT enter confined spaces until atmosphere has been checked. ▶ Avoid smoking, naked lights or ignition sources. ▶ Avoid contact with incompatible materials. ▶ When handling, DO NOT eat, drink or smoke. ▶ Keep containers securely sealed when not in use. ▶ Avoid physical damage to containers. ▶ Always wash hands with soap and water after handling. ▶ Work clothes should be laundered separately. ▶ Use good occupational work practice. ▶ Observe manufacturer's storage and handling recommendations contained within this SDS. ▶ Atmosphere should be regularly checked against established exposure standards to ensure safe working conditions.
Other information	▶ Store in original containers. ▶ Keep containers securely sealed. ▶ No smoking, naked lights or ignition sources. ▶ Store in a cool, dry, well-ventilated area. ▶ Store away from incompatible materials and foodstuff containers. ▶ Protect containers against physical damage and check regularly for leaks. ▶ Observe manufacturer's storage and handling recommendations contained within this SDS.

Conditions for safe storage, including any incompatibilities

Suitable container	▶ Metal can or drum ▶ Packaging as recommended by manufacturer. ▶ Check all containers are clearly labelled and free from leaks.
Storage incompatibility	▶ Avoid reaction with oxidising agents

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SECTION 8 EXPOSURE CONTROLS / PERSONAL PROTECTION

Control parameters

OCCUPATIONAL EXPOSURE LIMITS (OEL)

INGREDIENT DATA

Source	Ingredient	Material name	TWA	STEL	Peak	Notes
Australia Exposure Standards	isopropanol	Isopropyl alcohol	400 ppm / 983 mg/m3	1230 mg/m3 / 500 ppm	Not Available	Not Available
Australia Exposure Standards	camphor	Camphor, synthetic	2 ppm / 12 mg/m3	19 mg/m3 / 3 ppm	Not Available	Not Available

EMERGENCY LIMITS

Ingredient	Material name	TEEL-1	TEEL-2	TEEL-3
isopropanol	Isopropyl alcohol	400 ppm	2000* ppm	12000** ppm

Ingredient	Original IDLH	Revised IDLH
isopropanol	2,000 ppm	Not Available
menthol	Not Available	Not Available
camphor	200 mg/m3	Not Available
Carbomer	Not Available	Not Available

OCCUPATIONAL EXPOSURE BANDING

Ingredient	Occupational Exposure Band Rating	Occupational Exposure Band Limit
menthol	E	≤ 0.01 mg/m³
Carbomer	E	≤ 0.01 mg/m³

Notes:

Occupational exposure banding is a process of assigning chemicals into specific categories or bands based on a chemical's potency and the adverse health outcomes associated with exposure. The output of this process is an occupational exposure band (OEB), which corresponds to a range of exposure concentrations that are expected to protect worker health.

Exposure controls

Appropriate engineering controls	Engineering controls are used to remove a hazard or place a barrier between the worker and the hazard. Well-designed engineering controls can be highly effective in protecting workers and will typically be independent of worker interactions to provide this high level of protection. The basic types of engineering controls are: Process controls which involve changing the way a job activity or process is done to reduce the risk. Enclosure and/or isolation of emission source which keeps a selected hazard "physically" away from the worker and ventilation that strategically "adds" and "removes" air in the work environment. Ventilation can remove or dilute an air contaminant if designed properly. The design of a ventilation system must match the particular process and chemical or contaminant in use. Employers may need to use multiple types of controls to prevent employee overexposure.											
	General exhaust is adequate under normal operating conditions. Local exhaust ventilation may be required in specific circumstances. If risk of overexposure exists, wear approved respirator. Correct fit is essential to obtain adequate protection. Provide adequate ventilation in warehouse or closed storage areas. Air contaminants generated in the workplace possess varying "escape" velocities which, in turn, determine the "capture velocities" of fresh circulating air required to effectively remove the contaminant.											
	Type of Contaminant:	Air Speed:										
	solvent, vapours, degreasing etc., evaporating from tank (in still air).	0.25-0.5 m/s (50-100 f/min)										
	aerosols, fumes from pouring operations, intermittent container filling, low speed conveyer transfers, welding, spray drift, plating acid fumes, pickling (released at low velocity into zone of active generation)	0.5-1 m/s (100-200 f/min.)										
	direct spray, spray painting in shallow booths, drum filling, conveyer loading, crusher dusts, gas discharge (active generation into zone of rapid air motion)	1-2.5 m/s (200-500 f/min.)										
grinding, abrasive blasting, tumbling, high speed wheel generated dusts (released at high initial velocity into zone of very high rapid air motion).	2.5-10 m/s (500-2000 f/min.)											
Within each range the appropriate value depends on: <table><tr><td>Lower end of the range</td><td>Upper end of the range</td></tr><tr><td>1: Room air currents minimal or favourable to capture</td><td>1: Disturbing room air currents</td></tr><tr><td>2: Contaminants of low toxicity or of nuisance value only.</td><td>2: Contaminants of high toxicity</td></tr><tr><td>3: Intermittent, low production.</td><td>3: High production, heavy use</td></tr><tr><td>4: Large hood or large air mass in motion</td><td>4: Small hood-local control only</td></tr></table>			Lower end of the range	Upper end of the range	1: Room air currents minimal or favourable to capture	1: Disturbing room air currents	2: Contaminants of low toxicity or of nuisance value only.	2: Contaminants of high toxicity	3: Intermittent, low production.	3: High production, heavy use	4: Large hood or large air mass in motion	4: Small hood-local control only
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Simple theory shows that air velocity falls rapidly with distance away from the opening of a simple extraction pipe. Velocity generally decreases with the square of distance from the extraction point (in simple cases). Therefore the air speed at the extraction point should be adjusted, accordingly, after reference to distance from the contaminating source. The air velocity at the extraction fan, for example, should be a minimum of 1-2 m/s (200-400 f/min) for extraction of solvents generated in a tank 2 meters distant from the extraction point. Other mechanical considerations, producing performance deficits within the extraction apparatus, make it essential that theoretical air velocities are multiplied by factors of 10 or more when extraction systems are installed or used.												
Personal protection												
Eye and face protection	▶ Safety glasses with side shields. ▶ Chemical goggles. ▶ Contact lenses may pose a special hazard; soft contact lenses may absorb and concentrate irritants. A written policy document, describing the wearing of lenses or restrictions on use, should be created for each workplace or task. This should include a review of lens absorption											

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	and adsorption for the class of chemicals in use and an account of injury experience. Medical and first-aid personnel should be trained in their removal and suitable equipment should be readily available. In the event of chemical exposure, begin eye irrigation immediately and remove contact lens as soon as practicable. Lens should be removed at the first signs of eye redness or irritation - lens should be removed in a clean environment only after workers have washed hands thoroughly. [CDC NIOSH Current Intelligence Bulletin 59], [AS/NZS 1336 or national equivalent]
Skin protection	See Hand protection below
Hands/feet protection	- Wear chemical protective gloves, e.g. PVC. - Wear safety footwear or safety gumboots, e.g. Rubber
Body protection	See Other protection below
Other protection	- Overalls. - P.V.C. apron. - Barrier cream. - Skin cleansing cream. - Eye wash unit.

Recommended material(s)

GLOVE SELECTION INDEX

Glove selection is based on a modified presentation of the:

"Forsberg Clothing Performance Index".

The effect(s) of the following substance(s) are taken into account in the **computer-generated** selection:

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Material	CPI
NEOPRENE	A
NITRILE	A
NITRILE+PVC	A
PE/EVAL/PE	A
PVC	B
NAT+NEOPR+NITRILE	C
NATURAL RUBBER	C
NATURAL+NEOPRENE	C

* CPI - Chemwatch Performance Index

A: Best Selection

B: Satisfactory; may degrade after 4 hours continuous immersion

C: Poor to Dangerous Choice for other than short term immersion

NOTE: As a series of factors will influence the actual performance of the glove, a final selection must be based on detailed observation. -

* Where the glove is to be used on a short term, casual or infrequent basis, factors such as "feel" or convenience (e.g. disposability), may dictate a choice of gloves which might otherwise be unsuitable following long-term or frequent use. A qualified practitioner should be consulted.

Respiratory protection

Type A Filter of sufficient capacity. (AS/NZS 1716 & 1715, EN 143:2000 & 149:2001, ANSI Z88 or national equivalent)

Where the concentration of gas/particulates in the breathing zone, approaches or exceeds the "Exposure Standard" (or ES), respiratory protection is required.

Degree of protection varies with both face-piece and Class of filter; the nature of protection varies with Type of filter.

Required Minimum Protection Factor	Half-Face Respirator	Full-Face Respirator	Powered Air Respirator
up to 10 x ES	A-AUS	-	A-PAPR-AUS / Class 1
up to 50 x ES	-	A-AUS / Class 1	-
up to 100 x ES	-	A-2	A-PAPR-2 ^

^ - Full-face

A(All classes) = Organic vapours, B AUS or B1 = Acid gasses, B2 = Acid gas or hydrogen cyanide(HCN), B3 = Acid gas or hydrogen cyanide(HCN), E = Sulfur dioxide(SO₂), G = Agricultural chemicals, K = Ammonia(NH₃), Hg = Mercury, NO = Oxides of nitrogen, MB = Methyl bromide, AX = Low boiling point organic compounds(below 65 degC)

- Cartridge respirators should never be used for emergency ingress or in areas of unknown vapour concentrations or oxygen content.
- The wearer must be warned to leave the contaminated area immediately on detecting any odours through the respirator. The odour may indicate that the mask is not functioning properly, that the vapour concentration is too high, or that the mask is not properly fitted. Because of these limitations, only restricted use of cartridge respirators is considered appropriate.
- Cartridge performance is affected by humidity. Cartridges should be changed after 2 hr of continuous use unless it is determined that the humidity is less than 75%, in which case, cartridges can be used for 4 hr. Used cartridges should be discarded daily, regardless of the length of time used

SECTION 9 PHYSICAL AND CHEMICAL PROPERTIES

Information on basic physical and chemical properties

Appearance	Blue flavoured gel; mixes with water.		
Physical state	Liquid	Relative density (Water = 1)	1-1.1
Odour	Not Available	Partition coefficient n-octanol / water	Not Available
Odour threshold	Not Available	Auto-ignition temperature (°C)	Not Available
pH (as supplied)	6-7	Decomposition temperature	Not Available
Melting point / freezing point (°C)	Not Available	Viscosity (cSt)	Not Available
Initial boiling point and boiling range (°C)	Not Available	Molecular weight (g/mol)	Not Applicable
Flash point (°C)	Not Available	Taste	Not Available
Evaporation rate	Not Available	Explosive properties	Not Available
Flammability	Not Available	Oxidising properties	Not Available
Upper Explosive Limit (%)	Not Available	Surface Tension (dyn/cm or mN/m)	Not Available
Lower Explosive Limit (%)	Not Available	Volatile Component (%vol)	Not Available
Vapour pressure (kPa)	Not Available	Gas group	Not Available
Solubility in water	Miscible	pH as a solution (1%)	Not Available
Vapour density (Air = 1)	Not Available	VOC g/L	Not Available

SECTION 10 STABILITY AND REACTIVITY

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Reactivity	See section 7
Chemical stability	▶ Unstable in the presence of incompatible materials. ▶ Product is considered stable. ▶ Hazardous polymerisation will not occur.
Possibility of hazardous reactions	See section 7
Conditions to avoid	See section 7
Incompatible materials	See section 7
Hazardous decomposition products	See section 5

SECTION 11 TOXICOLOGICAL INFORMATION

Information on toxicological effects

Inhaled	The material is not thought to produce adverse health effects or irritation of the respiratory tract (as classified by EC Directives using animal models). Nevertheless, good hygiene practice requires that exposure be kept to a minimum and that suitable control measures be used in an occupational setting.
Ingestion	The material has NOT been classified by EC Directives or other classification systems as "harmful by ingestion". This is because of the lack of corroborating animal or human evidence.
Skin Contact	The material is not thought to produce adverse health effects or skin irritation following contact (as classified by EC Directives using animal models). Nevertheless, good hygiene practice requires that exposure be kept to a minimum and that suitable gloves be used in an occupational setting. Open cuts, abraded or irritated skin should not be exposed to this material Entry into the blood-stream, through, for example, cuts, abrasions or lesions, may produce systemic injury with harmful effects. Examine the skin prior to the use of the material and ensure that any external damage is suitably protected.
Eye	This material can cause eye irritation and damage in some persons.
Chronic	Skin contact with the material is more likely to cause a sensitisation reaction in some persons compared to the general population. Substance accumulation, in the human body, may occur and may cause some concern following repeated or long-term occupational exposure.

XtraCare Ice Cold Pain Relieving Gel	TOXICITY	IRRITATION
	Not Available	Not Available
isopropanol	TOXICITY	IRRITATION
	dermal (rat) LD50: =12800 mg/kg ^[2]	Eye (rabbit): 10 mg - moderate
	Inhalation (rat) LC50: 72.6 mg/l/4h ^[2]	Eye (rabbit): 100 mg - SEVERE
	Oral (rat) LD50: =4396 mg/kg ^[2]	Eye (rabbit): 100mg/24hr-moderate
menthol		Skin (rabbit): 500 mg - mild
	TOXICITY	IRRITATION
	Oral (rat) LD50: >2000 mg/kg ^[1]	Eye (rabbit): 0.75 mg - SEVERE
		Eye: adverse effect observed (irritating) ^[1]
		Eye: slight *
camphor		Skin: adverse effect observed (irritating) ^[1]
		Skin: irritant *
Carbomer	TOXICITY	IRRITATION
	Dermal (rabbit) LD50: >2000 mg/kg ^[1]	Eye: adverse effect observed (irreversible damage) ^[1]
	Dermal (rabbit) LD50: >3000 mg/kg ^[2]	Skin: no adverse effect observed (not irritating) ^[1]
	Oral (rat) LD50: >1000 mg/kg ^[2]	
	Oral (rat) LD50: >2500 mg/kg ^[2]	
	Oral (rat) LD50: 146-468 mg/kg ^[1]	
	Oral (rat) LD50: 4100 mg/kg ^[2]	
Legend:	1. Value obtained from Europe ECHA Registered Substances - Acute toxicity 2.* Value obtained from manufacturer's SDS. Unless otherwise specified data extracted from RTECS - Register of Toxic Effect of chemical Substances	

ISOPROPANOL

Isopropanol is irritating to the eyes, nose and throat but generally not to the skin. Prolonged high dose exposure may also produce depression of the central nervous system and drowsiness. Few have reported skin irritation. It can be absorbed from the skin or when inhaled. Intentional swallowing is common particularly among alcoholics or suicide victims and also leads to fainting, breathing difficulty, nausea, vomiting and headache. In the absence of unconsciousness, recovery usually occurred. Repeated doses may damage the kidneys. A decrease in the frequency of mating has been found in among animals, and newborns have been found to have a greater incidence of low birth weight. Tumours of the testes have been observed in the male rat.

The substance is classified by IARC as Group 3:

NOT classifiable as to its carcinogenicity to humans.

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	Evidence of carcinogenicity may be inadequate or limited in animal testing.
MENTHOL	With few exceptions* (see below), there are no safety concerns regarding certain cyclic and non-cyclic terpene alcohols **, as fragrance ingredients, under present declared levels of use and exposure, because - They have low acute toxicity - No significant toxicity was observed in repeat dose toxicity tests - They were not found to cause mutations or genetic toxicity - Substances in this group are processed similarly in the body - There is no indication of persistent breakdown products causing severe toxicity - They practically do not irritate the skin - They have a generally low potential for sensitization - The margin of safety is more than 100 times the maximum daily exposure. *Safety concerns exist for the following substances for the following reasons: - 6,7-dihydrogeraniol, hydroabietyl alcohol and 2-isopropyl-2-decahydronaphthalenol are potent skin sensitizers. - Farnesol is a weak sensitizer. - Scalerol and linalool may contain impurities and/or oxidation products that are strong sensitizers. - No sensitization test results were available for 2(10)-pinen-3-ol, 2,6-dimethyloct-3,5-dien-2-ol, and 3,7-dimethyl-4,6-octadien-3-ol. These materials should be regarded as potential sensitizers until tested. ** The common characteristic structural element of acyclic -noncyclic- and cyclic terpene alcohols is the typically branched isoprene unit 2-methyl-1,3-butadiene For kappa-opioid agonists: Kappa-opioid receptors are widely distributed in the brain, spinal cord and in pain neurons. Kappa-opioid receptor agonists produce unpleasant moods such as sadness, but their effects have been shown to vary between sexes. The receptors are thought to play a major role in mediating addiction and its remission, as well as the hallucinogenic side effects of opioids such as pentazocine. It is now widely accepted that kappa-opioid partial agonists block signals to the conscious mind from other parts of the brain and cause stupor and confusion. Although some of the agents are thought to have reduced potential for abuse due to their hallucinogenic side effects, some drugs in this group are abused even though the substance causes low mood. Kappa-opioid receptors have associated with a reduction in self-administration of alcohol and have been used to treat heroin dependence. Kappa-opioid receptor ligands cause a diuretic effect (increasing urine output), kappa-opioid agonists may also be protective to the nervous system where oxygen deficiency occurs, and this may be the target of new treatments. Bacterial mutagenicity (Ames) test: negative * No evidence of carcinogenic, mutagenic or teratogenic effects After inhalation ; mucosal irritation After swallowing: gastric spasms, nausea, vomiting Systemic effects: dizziness, ataxia (impaired locomotor coordination), tiredness, depressed respiration. Risk of methaemoglobin formation. *Merck MSDS
CAMPHOR	Camphor appears to have moderate acute oral toxicity, and a higher toxicity when inhaled. Long term inhalation may cause emphysema. There is no observed tumour potential. Reproductive toxicity studies were not available for camphor, however, in developmental toxicity studies, it demonstrated no foetal toxicity. Bicyclic terpenes are very low in acute toxicity. However, repeated dosing may have deleterious effects on the liver and kidney. Members of this category show no significant reproductive or developmental toxicity and may have a little, if any, potential to alter genetic material. for (+/-) -camphor: [CAS No. 21368-68-3] Nil reported
CARBOMER	Polycarboxylates are of low toxicity by all exposure routes examined. Homopolymers(P-AA) are of low acute toxicity to the rat (LD50 > 5 g/kg bw/d) and are not irritating to the rabbit's skin and, at the most, slightly irritating to the eye. Further P-AA has no sensitising potential. The adverse effect after repeated inhalation dosing (91-d/rat) was a mild, reversible pulmonary irritation. This effect is considered as not substance related owing to the physical property of the respirable dust, which caused local and not systemic lung effects. There was neither evidence for a genotoxic potential of PAA using a variety of genetic endpoints in-vitro and in-vivo, nor for developmental toxicity or reprotoxicity in the rat. Based upon the available data, it is considered that exposure to polycarboxylates does not imply any particular hazard to humans No significant acute toxicological data identified in literature search. The Cosmetic Ingredient Review (CIR) Expert Panel noted that these crosslinked alkyl acrylates are macromolecules that are not expected to pass through the stratum corneum of the skin, so significant dermal absorption is not expected. Therefore, topically applied cosmetics are not expected to result in systemic or reproductive and developmental toxicity or to have genotoxic or carcinogenic effects upon use. The Panel noted that cosmetic products containing these ingredients are reportedly used around the eyes, on the lips, and on other mucous membranes. Thus, crosslinked alkyl acrylates could be absorbed systemically through the relatively moist, n stratum cornea of the conjunctiva, lips, and other mucous membranes, and through ingestion when applied to the lips. However, the Panel noted that any absorption through healthy intact mucous membranes is likely to be not significant, primarily because of the relatively large molecular sizes. Furthermore, the chemically inert nature of the polymers precludes degradation to smaller absorbable species. Absorption of the polymers and their residual monomers in cosmetic products also would be limited after application to the lips or eye area based on the relatively small fractions of the applied products that might be inadvertently ingested or make direct contact with the conjunctiva. The Carbomers (Carbopols) are synthetic, high molecular weight, nonlinear polymers of acrylic acid, cross-linked with a polyalkenyl polyether. The Carbomer polymers are used in cosmetics and emulsifying agents at concentrations up to 50%. Acute oral animal studies showed that Carbomers-910, -934, -934P, -940, and -941 have low toxicities when ingested. Rabbits showed minimal skin irritation and zero to moderate eye irritation when tested with Carbomers-910 and -934. Subchronic feeding of rats and dogs with Carbomer-934 in the diet resulted in lower than normal body weights, but no pathological changes were observed. Dogs chronically fed Carbomer-934P manifested gastrointestinal irritation and marked pigment deposition within Kupffer cells of the liver. Clinical studies with Carbomers showed that these polymers have low potential for skin irritation and sensitization at concentrations up to 100%. Carbomer-934 demonstrated low potential for phototoxicity and photo-contact allergenicity. On the basis of the available information presented and as qualified in the report, it is concluded that the Carbomers are safe as cosmetic ingredients. Little toxicity data is available for acrylic crosspolymers; the acute dermal and oral toxicity data that were found indicated that these ingredients are not very toxic. The little genotoxicity data that were available reported negative results in Ames tests. Carcinogenicity data were not found in the published literature for the polymers, but data were available for the monomers. In an alternative method study, acrylates/vinyl neodecanoate crosspolymer was predicted to be a non-irritant. The non-human studies reported no to slight irritation with undiluted and weak sensitization with 2% aq., acrylates/C10-30 alkyl acrylate crosspolymer, no irritation with acrylates crosspolymer at 30% in olive oil, and no irritation or sensitization with sodium acrylates crosspolymer-2 (concentration not specified). Mostly, human testing with undiluted acrylates/C10-30 alkyl acrylate crosspolymer, acrylates crosspolymer, and acrylates/ethylhexyl acrylate crosspolymer, up to 2.5% aq. acrylates/vinyl isodecanoate crosspolymer, 1% aq. dilutions of formulations containing 2% acrylates/vinyl neodecanoate crosspolymer, and formulations containing up to 2.6% lauryl methacrylate/glycol dimethacrylate crosspolymers do not indicate any dermal irritation or sensitization. The only exception was a weak irritant response noted during an intensified Shelanski human repeated insult patch test (HRIPT) with undiluted acrylates/C10-30 alkyl acrylate crosspolymer. Alternative test methods for ocular irritation indicated that acrylates/vinyl isodecanoate crosspolymer and a formulation containing 1% lauryl methacrylate/glycol dimethacrylate crosspolymer are not likely ocular irritants. In studies using rabbits, undiluted acrylates/C10-30 alkyl acrylate crosspolymer produced minimal to moderate irritation, and it was considered a borderline irritant in unnaed rabbit eyes. Acrylates crosspolymer, at 50% in olive oil, and sodium acrylates crosspolymer-2 did not appear to be ocular irritants in rabbit eyes. Two different risk assessments evaluating the carcinogenic endpoint for benzene that may be present in acrylates/ C10-30 alkyl acrylates crosspolymer resulted in different lifetime risk. One found that the risk was within the range associated with a 10exp 6 cancer risk, while the other reported a 20-fold greater risk. Final Safety Assessment: Crosslinked Alkyl Acrylates as Used in Cosmetics. Nov 2011 Cosmetic Ingredient Review (CIR) Expert Panel http://ntp.niehs.nih.gov/ntp/roc/nominations/2013/publiccomm/attachmentcir_508.pdf

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ISOPROPANOL & MENTHOL & CAMPHOR & CARBOMER	Asthma-like symptoms may continue for months or even years after exposure to the material ends. This may be due to a non-allergic condition known as reactive airways dysfunction syndrome (RADS) which can occur after exposure to high levels of highly irritating compound. Main criteria for diagnosing RADS include the absence of previous airways disease in a non-atopic individual, with sudden onset of persistent asthma-like symptoms within minutes to hours of a documented exposure to the irritant. Other criteria for diagnosis of RADS include a reversible airflow pattern on lung function tests, moderate to severe bronchial hyperreactivity on methacholine challenge testing, and the lack of minimal lymphocytic inflammation, without eosinophilia. RADS (or asthma) following an irritating inhalation is an infrequent disorder with rates related to the concentration of and duration of exposure to the irritating substance. On the other hand, industrial bronchitis is a disorder that occurs as a result of exposure due to high concentrations of irritating substance (often particles) and is completely reversible after exposure ceases. The disorder is characterized by difficulty breathing, cough and mucus production.
ISOPROPANOL & CARBOMER	The material may cause skin irritation after prolonged or repeated exposure and may produce on contact skin redness, swelling, the production of vesicles, scaling and thickening of the skin.
MENTHOL & CAMPHOR	The following information refers to contact allergens as a group and may not be specific to this product. Contact allergies quickly manifest themselves as contact eczema, more rarely as urticaria or Quincke's oedema. The pathogenesis of contact eczema involves a cell-mediated (T lymphocytes) immune reaction of the delayed type. Other allergic skin reactions, e.g. contact urticaria, involve antibody-mediated immune reactions. The significance of the contact allergen is not simply determined by its sensitisation potential: the distribution of the substance and the opportunities for contact with it are equally important. A weakly sensitising substance which is widely distributed can be a more important allergen than one with stronger sensitising potential with which few individuals come into contact. From a clinical point of view, substances are noteworthy if they produce an allergic test reaction in more than 1% of the persons tested. Adverse reactions to fragrances in perfumes and fragranced cosmetic products include allergic contact dermatitis, irritant contact dermatitis, sensitivity to light, immediate contact reactions, and pigmented contact dermatitis. Airborne and conubial contact dermatitis occurs. Contact allergy is a lifelong condition, so symptoms may occur on re-exposure. Allergic contact dermatitis can be severe and widespread, with significant impairment of quality of life and potential consequences for fitness for work. If the perfume contains a sensitizing component, intolerance to perfumes by inhalation may occur. Symptoms may include general unwellness, coughing, phlegm, wheezing, chest tightness, headache, shortness of breath with exertion, acute respiratory illness, hayfever, asthma and other respiratory diseases. Perfumes can induce excess reactivity of the airway without producing allergy or airway obstruction. Breathing through a carbon filter mask had no protective effect. Occupational asthma caused by perfume substances, such as isoamyl acetate, limonene, cinnamaldehyde and benzaldehyde, tend to give persistent symptoms, even though the exposure is below occupational exposure limits. Prevention of contact sensitization to fragrances is an important objective of public health risk management. Hands: Contact sensitization may be the primary cause of hand eczema or a complication of irritant or atopic hand eczema. However hand eczema is a disease involving many factors, and the clinical significance of fragrance contact allergy in severe, chronic hand eczema may not be clear. Underarm: Skin inflammation of the armpits may be caused by perfume in deodorants and, if the reaction is severe, it may spread down the arms and to other areas of the body. In individuals who consulted a skin specialist, a history of such first-time symptoms was significantly related to the later diagnosis of perfume allergy. Face: An important manifestation of fragrance allergy from the use of cosmetic products is eczema of the face. In men, after-shave products can cause eczema around the beard area and the adjacent part of the neck. Men using wet shaving as opposed to dry have been shown to have an increased risk of allergic to fragrances. Irritant reactions: Some individual fragrance ingredients, such as citral, are known to be irritant. Fragrances may cause a dose-related contact urticaria (hives) which is not allergic; cinnamal, cinnamic alcohol and Myroxylon pereirae are known to cause hives, but others, including menthol, vanillin and benzaldehyde have also been reported. Pigmentary anomalies: Type IV allergy is responsible for "pigmented cosmetic dermatitis", referring to increased pigmentation on the face and neck. Testing showed a number of fragrance ingredients were associated, including jasmine absolute, ylang-ylang oil, cananga oil, benzyl salicylate, hydroxycitronellal, sandalwood oil, geraniol and geranium oil. Light reactions: Musk ambrette produced a number of allergic reactions mediated by light and was later banned from use in Europe. Furocoumarins (psoralens) in some plant-derived fragrances have caused phototoxic reactions, with redness. There are now limits for the amount of furocoumarins in fragrances. Phototoxic reactions still occur, but are rare. General/respiratory: Fragrances are volatile, and therefore, in addition to skin exposure, a perfume also exposes the eyes and the nose / airway. It is estimated that 2-4% of the adult population is affected by respiratory or eye symptoms by such an exposure. It is known that exposure to fragrances may exacerbate pre-existing asthma. Asthma-like symptoms can be provoked by sensory mechanisms. A significant association was found between respiratory complaints related to fragrances and contact allergy to fragrance ingredients and hand eczema. Fragrance allergens act as haptens, which are small molecules that cause an immune reaction only when attached to a carrier protein. However, not all sensitizing fragrance chemicals are directly reactive, but some require previous activation. A prehapten is a chemical that itself causes little or no sensitization, but it is transformed into a hapten outside the skin by a chemical reaction (oxidation in air or reaction with light) without the requirement of an enzyme. For prehapten, it is possible to prevent activation outside the body to a certain extent by different measures, for example, prevention of air exposure during handling and storage of the ingredients and the final product, and by the addition of suitable antioxidants. When antioxidants are used, care should be taken that they will not be activated themselves, and thereby form new sensitizers. Prehapten: Most terpenes with oxidisable allylic positions can be expected to self-oxidise on air exposure. Depending on the stability of the oxidation products that are formed, the oxidized products will have differing levels of sensitization potential. Tests shows that air exposure of lavender oil increased the potential for sensitization. Prohapten: Compounds that are bioactivated in the skin and thereby form haptens are referred to prohapten. The possibility of a prohapten being activated cannot be avoided by outside measures. Activation processes increase the risk for cross-reactivity between fragrance substances. Various enzymes play roles in both activating and deactivating prohapten. Skin-sensitizing prohapten can be recognized and grouped into chemical classes based on knowledge of xenobiotic bioactivation reactions, clinical observations and/or studies of sensitization. QSAR prediction: Prediction of sensitization activity of these substances is complex, especially for those substances that can act both as pre- and prohapten. A member or analogue of a group of aliphatic and alicyclic terpenoid tertiary alcohols and structurally related substances generally regarded as safe. Most alicyclic substances used as flavour ingredients are mono- and bicyclic terpenes which occur naturally in a wide variety of foods. With the exception of pulegone, alicyclic substances show very low oral acute toxicity. In most subchronic studies performed on animals, no adverse effects were observed at any dose level.
MENTHOL & CARBOMER	The material may produce severe irritation to the eye causing pronounced inflammation. Repeated or prolonged exposure to irritants may produce conjunctivitis.

Acute Toxicity	✗	Carcinogenicity	✗
Skin Irritation/Corrosion	✗	Reproductivity	✗
Serious Eye Damage/Irritation	✓	STOT - Single Exposure	✗
Respiratory or Skin sensitisation	✓	STOT - Repeated Exposure	✗
Mutagenicity	✗	Aspiration Hazard	✗

Legend: ✗ – Data either not available or does not fill the criteria for classification
 ✓ – Data available to make classification

Continued...

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SECTION 12 ECOLOGICAL INFORMATION

Toxicity

XtraCare Ice Cold Pain Relieving Gel	ENDPOINT	TEST DURATION (HR)	SPECIES	VALUE	SOURCE
	Not Available	Not Available	Not Available	Not Available	Not Available
isopropanol	ENDPOINT	TEST DURATION (HR)	SPECIES	VALUE	SOURCE
	LC50	96	Fish	9-640mg/L	2
	EC50	48	Crustacea	12500mg/L	5
	EC50	96	Algae or other aquatic plants	993.232mg/L	3
	EC0	24	Crustacea	5-102mg/L	2
	NOEC	5760	Fish	0.02mg/L	4
menthol	ENDPOINT	TEST DURATION (HR)	SPECIES	VALUE	SOURCE
	LC50	96	Fish	2.609mg/L	3
	EC50	48	Crustacea	26.6mg/L	2
	EC50	72	Algae or other aquatic plants	0.33mg/L	2
	NOEC	72	Algae or other aquatic plants	0.089mg/L	2
camphor	ENDPOINT	TEST DURATION (HR)	SPECIES	VALUE	SOURCE
	LC50	96	Fish	33.25mg/L	2
	EC50	48	Crustacea	4.23mg/L	2
	EC50	72	Algae or other aquatic plants	0.3mg/L	2
	NOEC	72	Algae or other aquatic plants	0.032mg/L	2
Carbomer	ENDPOINT	TEST DURATION (HR)	SPECIES	VALUE	SOURCE
	LC50	96	Fish	27mg/L	2
	EC50	48	Crustacea	47mg/L	2
	EC50	72	Algae or other aquatic plants	0.75mg/L	2
	NOEC	72	Algae or other aquatic plants	0.03mg/L	2
Legend:	Extracted from 1. IUCLID Toxicity Data 2. Europe ECHA Registered Substances - Ecotoxicological Information - Aquatic Toxicity 3. EPIWIN Suite V3.12 (QSAR) - Aquatic Toxicity Data (Estimated) 4. US EPA, Ecotox database - Aquatic Toxicity Data 5. ECETOC Aquatic Hazard Assessment Data 6. NITE (Japan) - Bioconcentration Data 7. METI (Japan) - Bioconcentration Data 8. Vendor Data				

DO NOT discharge into sewer or waterways.

Persistence and degradability

Ingredient	Persistence: Water/Soil	Persistence: Air
isopropanol	LOW (Half-life = 14 days)	LOW (Half-life = 3 days)
menthol	HIGH	HIGH
camphor	HIGH	HIGH
Carbomer	LOW	LOW

Bioaccumulative potential

Ingredient	Bioaccumulation
isopropanol	LOW (LogKOW = 0.05)
menthol	LOW (BCF = 15)
camphor	LOW (LogKOW = 2.74)
Carbomer	LOW (LogKOW = 0.4415)

Mobility in soil

Ingredient	Mobility
isopropanol	HIGH (KOC = 1.06)
menthol	LOW (KOC = 66.19)
camphor	LOW (KOC = 106)
Carbomer	HIGH (KOC = 1.201)

SECTION 13 DISPOSAL CONSIDERATIONS

Waste treatment methods

Continued...

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Product / Packaging disposal

- ▶ Recycle wherever possible or consult manufacturer for recycling options.
- ▶ Consult State Land Waste Authority for disposal.
- ▶ Bury or incinerate residue at an approved site.
- ▶ Recycle containers if possible, or dispose of in an authorised landfill.

SECTION 14 TRANSPORT INFORMATION

Labels Required

Marine Pollutant	NO
HAZCHEM	Not Applicable

Land transport (ADG): NOT REGULATED FOR TRANSPORT OF DANGEROUS GOODS

Air transport (ICAO-IATA / DGR): NOT REGULATED FOR TRANSPORT OF DANGEROUS GOODS

Sea transport (IMDG-Code / GGVSee): NOT REGULATED FOR TRANSPORT OF DANGEROUS GOODS

Transport in bulk according to Annex II of MARPOL and the IBC code

Not Applicable

SECTION 15 REGULATORY INFORMATION

Safety, health and environmental regulations / legislation specific for the substance or mixture

ISOPROPANOL IS FOUND ON THE FOLLOWING REGULATORY LISTS

Australia Exposure Standards
Australia Hazardous Chemical Information System (HCIS) - Hazardous Chemicals

Australia Inventory of Chemical Substances (AICS)
International Agency for Research on Cancer (IARC) - Agents Classified by the IARC Monographs

MENTHOL IS FOUND ON THE FOLLOWING REGULATORY LISTS

Australia Inventory of Chemical Substances (AICS)

CAMPBOR IS FOUND ON THE FOLLOWING REGULATORY LISTS

Australia Exposure Standards
Australia Inventory of Chemical Substances (AICS)

Australia Standard for the Uniform Scheduling of Medicines and Poisons (SUSMP) - Schedule 5
Australia Standard for the Uniform Scheduling of Medicines and Poisons (SUSMP) - Schedule 6

CARBOMER IS FOUND ON THE FOLLOWING REGULATORY LISTS

Australia Inventory of Chemical Substances (AICS)

International Agency for Research on Cancer (IARC) - Agents Classified by the IARC Monographs

National Inventory Status

National Inventory	Status
Australia - AICS	Yes
Canada - DSL	Yes
Canada - NDSL	No (menthol; Carbomer; isopropanol)
China - IECSC	Yes
Europe - EINEC / ELINCS / NLP	No (Carbomer)
Japan - ENCS	Yes
Korea - KECI	Yes
New Zealand - NZIoC	Yes
Philippines - PICCS	Yes
USA - TSCA	Yes
Taiwan - TCSI	Yes
Mexico - INSQ	Yes
Vietnam - NCI	Yes
Russia - ARIPS	Yes
Legend:	Yes = All CAS declared ingredients are on the inventory No = One or more of the CAS listed ingredients are not on the inventory and are not exempt from listing(see specific ingredients in brackets)

SECTION 16 OTHER INFORMATION

Revision Date	19/02/2020
Initial Date	19/02/2020

SDS Version Summary

Version	Issue Date	Sections Updated
2.1.1.1	19/02/2020	Synonyms

XtraCare Ice Cold Pain Relieving Gel**Other information**

Classification of the preparation and its individual components has drawn on official and authoritative sources as well as independent review by the Chemwatch Classification committee using available literature references.

The SDS is a Hazard Communication tool and should be used to assist in the Risk Assessment. Many factors determine whether the reported Hazards are Risks in the workplace or other settings. Risks may be determined by reference to Exposures Scenarios. Scale of use, frequency of use and current or available engineering controls must be considered.

Definitions and abbreviations

PC—TWA: Permissible Concentration-Time Weighted Average
PC—STEL: Permissible Concentration-Short Term Exposure Limit
IARC: International Agency for Research on Cancer
ACGIH: American Conference of Governmental Industrial Hygienists
STEL: Short Term Exposure Limit
TEEL: Temporary Emergency Exposure Limit.
IDLH: Immediately Dangerous to Life or Health Concentrations
OSF: Odour Safety Factor
NOAEL :No Observed Adverse Effect Level
LOAEL: Lowest Observed Adverse Effect Level
TLV: Threshold Limit Value
LOD: Limit Of Detection
OTV: Odour Threshold Value
BCF: BioConcentration Factors
BEI: Biological Exposure Index

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